Getting Started

- ☐ 1. Locate research articles from reputable sources
 - a. Google Scholar Search Engine
 - □ b. University Library System (if you are a student or faculty)
 - ☐ c. PubMed (https://pubmed.ncbi.nlm.nih.gov/)
- ☐ 2. Read the entire article, not just the Abstract and Conclusion
- □ 3. Look at studies on both sides of the issue

Questions to Consider

- □ 1. Who conducted the study? What are their biases?
- □ 2. How many subjects participated in the study?
- ☐ 3. Who were the participants?
- ☐ 4. How long was the study?
- ☐ 5. Are there other studies that show similar results?
- ☐ 6. Do the results, tables, and graphs support the authors conclusion?

Food for Thought

- □ 1. Correlation does not equal causation. Ice cream sales and shark attacks both increase in the summer (correlation). Does that mean eating ice cream causes shark attacks?
- 2. Be sure results can be applied to wider population and not just specific group studied.
- □ 3. Statistically significant is mathematical. Clinically significant is observable.